

What's On in Kilanerin Community Centre



SEPTEMBER 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Spin Class 9:30 – 10:15 Fitness4you@gmail.com	Turning Point Wellness With Mary @ 9.30am 087 – 2679117 Starting Sept. 19th	Moo Music Baby & toddler 10am – 1pm Mairead 087 217 8140 www.moomusic.ie	Admin Services 10am -12pm admin@kilanerin.com 0402 44555	Body Conditioning 9:30 – 10:20 Fitness4you@gmail.com	Spin Class 8:15 – 9:00 Fitness4you@gmail.com
Pilates 10:30 – 11:30 Fitness4you@gmail.com	Spin Class 6 – 6:45pm Fitness4you@gmail.com	Yoga Slow Flow Hatha 7:30 – 9pm Contact Aislinn 085-2486782	Mum and Baby Yoga 10:30 Contact Aislinn 085-2486782	Pilates 10:30 –11:30 Fitness4you@gmail.com	Gym Induction 9:30am gym@kilanerin.com
Self Defence for Women With Maja 8 – 9pm 089 2627339	Boxfit 7 -7:50 pm Fitness4you@gmail.com	Badminton 8 – 10 pm badmkcc@gmail.com 087 2995443	Chair Yoga 12pm Contact Aislinn 085-2486782	Youth Club 7:30 – 9:30pm Contact Olivia 087 798 9055 (end of Sept)	Gorey Basketball Youth Training 9 – 11am Admin@goreybasketball.ie
	Pilates 8-9 pm Fitness4you@gmail.com		Body Conditioning 6 -6:50 pm Fitness4you@gmail.com		
	Gorey basketball Youth Training 6 –8pm Admin@goreybasketball.ie		Pilates 7 - 8pm Fitness4you@gmail.com		
	Turning Point Wellness With Mary @ 6.30pm 087 – 2679117		Gorey Basketball Youth Training 6 –8 pm Admin@goreybasketball.ie		
	Willow Weaving Class (Funded by WWETB) 10am – 12pm training@kilanerin.com starting Sept. 26th		Adult Basketball 8 – 9:15pm Contact Alem on 087-7724870		
			Gym Induction 8.15pm gym@kilanerin.com		

Kilanerin Community Centre

Ph: 0402-44555, Email admin@kilanerin.com Website : <https://kcc.kilanerin.com>